



May 8, 2022 - Take Back Your Life

BIG IDEA: The quality of your decisions determines the quality of your life.

ICEBREAKER: Share one of the best decisions you've made. How did that decision impact the quality of your life?

KEY SCRIPTURE

Isaiah 43:18-19 , Proverbs 16:3 , Daniel 1:8

Discussion Questions

1. We might struggle to make good decisions because we're overwhelmed with choices, afraid of making a wrong choice, or we let our emotions overrule logic. Which of these reasons do you experience most? What could you pre-decide now, to help you make good decisions in the future?
2. What are some of the values God has placed on your heart? Are your decisions and actions reflecting these values? Why or why not?
3. Read Proverbs 16:3. We can ask God to help us pre-decide. Talk about an upcoming decision or plan that you need God's help with

MOVING FORWARD

When your values are clear, your decisions are easier. This week, write down the values you shared with your LifeGroup. Place them in a spot where you'll see them daily.